

LUNCH MENU Autumn Term Week 2



Breaside
Preparatory School

MONDAY

Soup of the day
Chef daily choices , homemade bread

Dish of the day
Beef Bolognese
Spaghetti

Vegetarian dish of the day
Veggie Bolognese
Spaghetti
(v ve)

Sides

Roasted Broccoli
sweetcorn

Keeping it simple bar

Baked potato with a choice of
baked beans Pasta with a choice
of homemade sauces

Dessert

Chocolate Marble
Fresh Fruit & Yoghurt

TUESDAY

Soup of the day
Chef daily choices, homemade bread

Dish of the day
Chicken katsu

Vegetarian dish of the day
Aubergine katsu

Sides

brown rice
Roasted Mediterranean Vegetables
Cauliflower

Keeping it simple bar

Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert

Blueberries cake
Fresh Fruit & Yoghurt
Jelly

WEDNESDAY

Soup of the day
Chef daily choices, homemade bread

Dish of the day
Roast gammon
all the trimmings

Vegetarian dish of the day
Beetroot and feta tart
(v ve)

Sides

Roast Potatoes
Parsnips
Carrots

Keeping it simple bar

Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert

Pear and apple crumble
Fresh Fruit & Yoghurt

THURSDAY

Soup of the day
Chef daily choices , homemade bread

Dish of the day
Cottage pie

Vegetarian dish of the day
Sweet potato & lentils pie
(ve)

Sides

Sweetcorn
Broccoli

Keeping it simple bar

Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert

Banana bread
Fresh Fruit & Yoghurt
Jelly

FRIDAY

Soup of the day
Chef daily choices , homemade bread

Dish of The day
Pepperoni pizza
(gluten free available)

Vegetarian dish of the day
Margherita Pizza (v,ve)

Sides

Oven Chips
Garden peas
Baked beans

Keeping it simple bar

Baked potato with a choice of
baked beans Pasta with a choice
of homemade sauces

Dessert

Dessert of the day
Fresh Fruit & Yoghurt

**For allergen information, please ask a member of the team also
available a salad bar with choice of proteins.**