

Lunch menu Autumn Term Week 3



Breaside
Preparatory School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Soup of the day Chef daily choices , homemade bread</p> <p>Dish of the day Chilli con carne</p> <p>Vegetarian dish of the day Vegetable chilli (<i>v,ve</i>)</p> <p>Sides Steamed rice Green beans Seet corn</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Pear & Chocolate Cake Fresh Fruit & Yoghurt</p>	<p>Soup of the day Chef daily choices , homemade bread</p> <p>Dish of the day Stir fry noodles with chicken</p> <p>Vegetarian dish of the day Stir fry noodles with tofu (<i>V VE</i>)</p> <p>Sides Peas Roasted carrots</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Strawberries Cheesecake Fresh Fruit & Yoghurt Jelly pots</p>	<p>Soup of the day Chef daily choices , homemade bread</p> <p>Dish of the day Roast Gammon with all the trimmings</p> <p>Vegetarian dish of the day Roasted cauliflower steak (<i>v,ve</i>)</p> <p>Sides Roasted potato Green Beans Cauliflower, Yorkies</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Apple & Forest Fruit Crumble Fresh Fruit & Yoghurt</p>	<p>Soup of the day Chef daily choices , homemade bread</p> <p>Dish of the day Cottage pie</p> <p>Vegetarian dish of the day Sweet potato & lentils pie (<i>ve</i>)</p> <p>Sides Roasted Broccoli carrots</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Raspberries Sponge Fresh Fruit & Yoghurt Jelly pots</p>	<p>Soup of the day Chef daily choices homemade bread</p> <p>Fish and chip shop Friday Oven Baked Jumbo Fish Finger served with tartar sauce</p> <p>Vegetarian dish of the day Halloumi fingers (<i>v</i>)</p> <p>Sides Peas Chip shop style fries Baked Beans</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Waffles with sauces Fresh Fruit & Yoghurt</p>

For allergen information, please ask a member of the team also available a salad bar with choice of proteins.