

LUNCH MENU Autumn Term Week 2



Breaside
Preparatory School

MONDAY

Soup of the day
Chef daily choices , homemade bread

Dish of the day
Beef Bolognese
Spaghetti

Vegetarian dish of the day
Veggie Bolognese
Spaghetti
(v ve)

Sides
Roasted Broccoli
sweetcorn

Keeping it simple bar
Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert
Chocolate Marble Cake
Fresh Fruit & Yoghurt

TUESDAY

Soup of the day
Chef daily choices, homemade bread

Dish of the day
Chicken shawarma

Vegetarian dish of the day
Beans shawarma

Sides
Rice
Roasted Mediterranean Vegetables
Green Bean

Keeping it simple bar
Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert
Retro school cake
Fresh Fruit & Yoghurt
Jelly

WEDNESDAY

Soup of the day
Chef daily choices, homemade bread

Dish of the day
Roast pork all the trimmings

Vegetarian dish of the day
Roasted Vegetable tofu in tomato
sauce
(v ve)

Sides
Roast Potatoes
Parsnip
Carrots

Keeping it simple bar
Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert
Pear and apple crumble
Fresh Fruit & Yoghurt

THURSDAY

Soup of the day
Chef daily choices ,
Garlic Focaccia

Dish of the day
Beef lasagna

Vegetarian dish of the day
Lentils and vegetable lasagne
(v)

Sides
Cauliflower
Peas

Keeping it simple bar
Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert
Chocolate chip sponge
Fresh Fruit & Yoghurt
Jelly

FRIDAY

Soup of the day
Chef daily choices , homemade bread

Dish of The day
Pepperoni pizza
(gluten free available)

Vegetarian dish of the day
Margherita Pizza (v,ve)

Sides
Oven Chips
Garden peas
Baked beans

Keeping it simple bar
Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces

Dessert
sultanas flap jack
Fresh Fruit & Yoghurt

**For allergen information, please ask a member of the team also
available a salad bar with choice of proteins.**