

# LUNCH MENU Autumn Term Week 2



Breaside  
Preparatory School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Soup of the day</b> Chef daily choices , homemade bread</p> <p><b>Dish of the day</b> Beef Bolognese Spaghetti</p> <p><b>Vegetarian dish of the day</b> Veggie Bolognese Spaghetti (v ve)</p> <p><b>Sides</b> Roasted Broccoli sweetcorn</p> <p><b>Keeping it simple bar</b> Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p><b>Dessert</b> Chocolate Marble Cake Fresh Fruit &amp; Yoghurt</p>	<p><b>Soup of the day</b> Chef daily choices, homemade bread</p> <p><b>Dish of the day</b> Chicken shawarma</p> <p><b>Vegetarian dish of the day</b> Beans shawarma</p> <p><b>Sides</b> Rice Roasted Mediterranean Vegetables Green Bean</p> <p><b>Keeping it simple bar</b> Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p><b>Dessert</b> Retro school cake Fresh Fruit &amp; Yoghurt Jelly</p>	<p><b>Soup of the day</b> Chef daily choices, homemade bread</p> <p><b>Dish of the day</b> Roast pork all the trimmings</p> <p><b>Vegetarian dish of the day</b> Roasted Vegetable tofu in tomato sauce (v ve)</p> <p><b>Sides</b> Roast Potatoes Parsnip Carrots</p> <p><b>Keeping it simple bar</b> Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p><b>Dessert</b> Pear and apple crumble Fresh Fruit &amp; Yoghurt</p>	<p><b>Soup of the day</b> Chef daily choices , Garlic Focaccia</p> <p><b>Dish of the day</b> Beef lasagna</p> <p><b>Vegetarian dish of the day</b> Lentils and vegetable lasagne (v)</p> <p><b>Sides</b> Cauliflower Peas</p> <p><b>Keeping it simple bar</b> Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p><b>Dessert</b> Chocolate chip sponge Fresh Fruit &amp; Yoghurt Jelly</p>	<p><b>Soup of the day</b> Chef daily choices , homemade bread</p> <p><b>Dish of The day</b> Pepperoni pizza (gluten free available)</p> <p><b>Vegetarian dish of the day</b> Margherita Pizza (v,ve)</p> <p><b>Sides</b> Oven Chips Garden peas Baked beans</p> <p><b>Keeping it simple bar</b> Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p><b>Dessert</b> sultanas flap jack Fresh Fruit &amp; Yoghurt</p>

For allergen information, please ask a member of the team also available a salad bar with choice of proteins.