

LUNCH MENU Autumn Term Week 1



Breaside
Preparatory School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Soup of the day Chef daily choices Homemade bread</p>	<p>Soup of the day Chef daily choices Homemade bread</p>	<p>Soup of the day Chef daily choices Homemade bread</p>	<p>Soup of the day Chef daily choices Homemade bread</p>	<p>Soup of the day Chef daily choices Homemade bread</p>
<p>Dish of the day Mac & cheese</p>	<p>Dish of the day Beef pie with gravy</p>	<p>Dish of the day Roast chicken with all the trimmings</p>	<p>Dish of the day Cumberland Sausages</p>	<p>Dish of the day Chicken fillet burger Served with a bap</p>
<p>Vegetarian dish of the day Sweet potato chickpea & butternut Squash casserole (V VE)</p>	<p>Vegetarian dish of the day Vegetable Quorn pie (V VE)</p>	<p>Vegetarian dish of the day Vegetable lentils loaf (V VE)</p>	<p>Vegetarian dish of the day Vegan sausages (V)</p>	<p>Vegetarian dish of the day Spicy bean burger Served with a bap (V VE)</p>
<p>Sides Roasted Carrots Green beans</p>	<p>Sides New potatoes Roasted broccoli Sweet corn</p>	<p>Sides Roast Cauliflower Garden peas Roast potatoes</p>	<p>Sides Mash potatoes Broccoli Carrots</p>	<p>Sides Chunky chips Garden peas Baked beans</p>
<p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p>	<p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p>	<p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p>	<p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p>	<p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p>
<p>Dessert Apple and cinnamon cake Fresh fruit & Yoghurt</p>	<p>Dessert Chocolate & Beetroot Brownie Fresh fruit & Yoghurt Jellies</p>	<p>Dessert Apple crumble custard Fresh fruit & Yoghurt</p>	<p>Dessert Flapjack Fresh fruit & Yoghurt Jellies</p>	<p>Desserts Lemon Drizzle Cake Fresh fruit & Yoghurt</p>

**For allergen information, please ask a member of the team
also available a salad bar with choice of proteins.**