

LUNCH MENU Summer Term Week 2



Breaside
Preparatory School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Soup of the day Vegetable soup, homemade bread</p> <p>Dish of the day Thai green chicken curry</p> <p>Vegetarian dish of the day Pepper & jackfruit curry</p> <p>Sides Green beans Baby corn Steamed rice</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Vanilla sponge Fresh fruit & yoghurt</p>	<p>Soup of the day Tuscan bean soup, homemade bread</p> <p>Dish of the day Beef homemade meatball marinara penne & parmesan</p> <p>Vegetarian dish of the day Quorn Bolognese pasta bake</p> <p>Sides Steamed broccoli Carrots Rocket salad</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Berry sponge Fresh fruit & yoghurt Jelly</p>	<p>Soup of the day Sweet potato soup, homemade bread</p> <p>Dish of the day Gammon with all the trimmings</p> <p>Vegetarian dish of the day Glamorgan sausages</p> <p>Sides Roast potatoes Garden peas Baton carrots</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Chocolate sponge with chocolate sauce Fresh fruit & yoghurt</p>	<p>Soup of the day Celery and red pepper, homemade bread</p> <p>Dish of the day Mildly spiced jerk chicken</p> <p>Vegetarian dish of the day Harissa spiced cauliflower steak</p> <p>Sides Coconut rice & peas Cauliflower Plantain</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Retro school sponge Fresh fruit & yoghurt jelly</p>	<p>Soup of the day Carrot & coriander, homemade bread</p> <p>Dish of The day Pizza paninis (gluten free available)</p> <p>Vegetarian dish of the day Pizza paninis</p> <p>Sides Oven chips Garden peas Baked beans</p> <p>Keeping it simple bar Baked potato with a choice of baked beans Pasta with a choice of homemade sauces</p> <p>Dessert Lemon shortbread Fresh fruit & yoghurt jelly</p>

For allergen information, please ask a member of the team also available a salad bar with choice of proteins.