

LUNCH MENU Week 2



Breaside
Preparatory School

MONDAY

Soup of the day

Vegetable soup, homemade bread

Dish of the day

Chicken pie topped with pastry

Vegetarian dish of the day

*Pepper & jackfruit middle eastern
curry*

Sides

*Green beans
Baby corn
Baby potatoes steamed*

Keeping it simple bar

*Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces*

Dessert

*Vanilla sponge and custard
Fresh fruit & yoghurt*

TUESDAY

Soup of the day

*Tuscan bean soup, homemade
bread*

Dish of the day

*Beef homemade meatball
marinara penne & parmesan*

Vegetarian dish of the day

Quorn Bolognese pasta sauce

Sides

*Steamed broccoli
Carrots
Penne pasta*

Keeping it simple bar

*Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces*

Dessert

*Berry slice
Fresh fruit & yoghurt
Jelly*

WEDNESDAY

Soup of the day

*Sweet potato & cinnamon soup,
homemade bread*

Dish of the day

*Honey roast Gammon with all the
trimmings*

Vegetarian dish of the day

*Glamorgan sausages with leeks
and cheese (breaded)*

Sides

*Roast potatoes
Garden peas
Baton carrots*

Keeping it simple bar

*Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces*

Dessert

*Warm Chocolate brownie
Fresh fruit & yoghurt*

THURSDAY

Soup of the day

*Mushroom & tarragon, homemade
bread*

Dish of the day

Chicken katsu

Vegetarian dish of the day

Breaded tofu with katsu sauce

Sides

*Sticky rice
Katsu sauce
Mixed vegetables*

Keeping it simple bar

*Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces*

Dessert

*Fruit mousse pots
Fresh fruit & yoghurt
jelly*

FRIDAY

Soup of the day

*Carrot & coriander, homemade
bread*

Dish of The day

Pizza Friday

Vegetarian dish of the day

Pizza Friday

Sides

*Oven chips
Garden peas
Baked beans*

Keeping it simple bar

*Baked potato with a choice of
baked beans Pasta with a choice of
homemade sauces*

Dessert

*Assorted desserts
Fresh fruit & yoghurt
Jelly pots*

For allergen information, please ask a member of the team also available a salad bar with choice of proteins. Fruit is available every lunch time as well as fresh bread